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Weekend To End Breast Cancer raises $2.9M

KRISTEN THOMPSON
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FUNDRAISER Around 1,300 people — many wearing bandages over blisters and wiping away tears — were welcomed to Rocky Mountaineer Station by a cheering crowd yesterday for the sixth annual Weekend To End Breast Cancer.

Vancouver participants walked 60 kilometres in two days to raise more than $2.9 million for research and treatment of women's cancers.

Doug Nelson, president and CEO of the B.C. Cancer Foundation, said he walked with two women who were returning to chemo treatment tomorrow.

"Any blisters you get feel insignificant in comparison," he said.

Breast cancer survivor Pamela Dixon, 40, from New Westminster, said it was inspiring to see so many men and children walking.

"The treatment has come such a far way because of events like this," she said.

KRISTEN THOMPSON/METRO VANCOUVER

Linda Hughes, left, and Pamela Dixon at the Rocky Mountaineer Station yesterday.

Please recycle

JEFF HODSON/METRO VANCOUVER

A Canada Line rapid-transit train heads from Vancouver to Richmond yesterday. The $2-billion line opens this morning and is free to the public beginning at 1 p.m. Regular service starts tomorrow. More coverage, pages 3, 8.

Canada Line opens to public at 1 p.m. today

$2B rapid-transit link makes Vancouver-Richmond trip in 25 min.

JEFF HODSON
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Big crowds are expected along the newly finished Canada Line today for the opening of the $2-billion rapid-transit project that connects Vancouver and Richmond with the airport.

The 19-kilometre Canada Line, which starts service three-and-a-half months ahead of schedule, allows passengers to travel from Vancouver to Richmond in 25 minutes.

It has the people-moving capacity of a 10-lane highway and makes Vancouver the only major city in the country with a rapid-transit link to its airport.

TransLink spokesman Ken Hardie called the new line an "amazing facility" and one that has been on the region's rapid-transit wish list for years.

"We expect a lot of people to start using the Canada Line who haven't used transit in the past," Hardie said.

The line will carry 100,000 riders a day by next year, he added.

The official opening will take place at the airport at 10 a.m. The Canada Line opens to the public at 1 p.m. It will be free until 9 p.m.

Passengers are warned to expect lineups and asked to not bring bicycles on the train on opening day, although there will be bike valets today at Broadway, Marine Drive and Oakridge stations.

There will also be free entertainment, music and food at every station.

Jane Bird, president and CEO of Canada Line Rapid Transit Company, expects passengers will be impressed by the size of the trains, which are larger than SkyTrain and by the big, "airy" Canada Line stations.

Service

- Regular Canada Line service begins tomorrow at 4:50 a.m.
- The Vancouver Airporter, the private bus service between Vancouver and YVR, is going out of business at the end of the September.

ShareYourViews
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Free events along the Canada Line

TransLink is offering more than just a day of complimentary rides on the new Canada Line today, with free opening day events planned at most of the 16 stations.

VANCOUVER CITY CENTRE: Volunteers will be handing out goodie bags with promotions and samples outside Pacific Centre.

YALETOWN-ROUNDHOUSE: Visitors can take in a magic show or listen to live salsa, Caribbean and Latin music.

BROADWAY-CITY HALL: Vancouver Mayor Gregor Robertson will be welcoming the first train, along with live music.

KING EDWARD: Cambie Street merchants will be handing out coupon books, and there will be Paralympic curling demonstrations.

OAKRIDGE-41ST AVENUE: The first of several community sidewalk mosaics will be unveiled and visitors could win a shopping spree at Oakridge Centre.

BRIDGEPORT: There will be Elvis tributes and free casino-related goodies near the River Rock Casino.

LANSDOWNE: Visitors can take a horse-drawn-carriage from the station to Lansdowne Shopping Centre or watch Paralympic basketball and juggling demonstrations.

RICHMOND-BRIGHOUSE: Richmond Mayor Malcolm Brodie will be at the station to watch a traditional Lion Dance.

YVR-AIRPORT: Visitors can explore the new observation deck or a working Lego model of the Canada Line.

For a complete list of events visit translink.ca.

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Woman to lunch atop 'living roof'
The winner of a picnic for four on the "living roof" of the Vancouver Convention Centre gets to enjoy her prize at noon today. Ann Matheson of North Vancouver was among 63,000 people entered in a "door prize" draw during a public open house at the convention centre expansion building last April. METRO VANCOUVER

Local

Zoo to break ground on eagle enclosure

A groundbreaking ceremony for a new enclosure that will house up to four injured bald eagles is taking place this Thursday at the Greater Vancouver Zoo, which is celebrating its 39th anniversary. Meredith, left, the zoo's resident rescued bald eagle, was brought in 23 years ago after being struck by a truck on highway.

METRO VANCOUVER

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News in brief

CRASH The helicopter pilot who crashed on Friday afternoon while combating a wildfire near Lytton is believed dead, RCMP said yesterday. Robert Woodhead, 53, came to B.C. from Ontario to help firefighters here. Mounties say he was likely carried away by the Fraser River's swift current.

HEALTH B.C.'s provincial health officer is holding a meeting with school superintendents within the next two weeks to help them plan for swine flu outbreaks.

TAXES The B.C. NDP petition against the looming Harmonized Sales Tax has surpassed 30,000 signatures. The HST kicks in July 1, 2010.

ASSAULT CHARGE A man has been charged with assaulting a woman in downtown Vancouver after asking her for assistance. Nicolas Patterson, 45, is facing one charge of assault and is a suspect in other similar attacks.

METRO NEWS SERVICES

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What's online today.
Video Pranksters flipping over pint-sized Smart cars warned of serious consequences at metronews.ca/canada

Lotteries

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Extra: 14, 56, 77, 78
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JEFF HODSON/METRO VANCOUVER

A Canada Line train crosses the Fraser River into Richmond yesterday. The line makes Vancouver the first major city in Canada with a high-speed transit link to its airport.

Canada Line to change transportation: CEO

$2B project to make city 'more livable,' Bird says

JEFF HODSON
jeff.hodson@metronews.ca

The Canada Line will transform public transportation in the Lower Mainland, said the woman in charge of the $2-billion development.

"Cities grow over hundreds of years," said Jane Bird, president and CEO of the Canada Line project.

"But in a little way, (we believe) it will make our city more livable, and a little bit more the city we've come to enjoy."

Not only will the 19-kilometre line introduce north-south rapid-rail service between Richmond and Vancouver, it will also be the first time a major Canadian city is connected to its airport by rapid transit.

"Cities grow over hundreds of years. But in a little way, (we believe) it will make our city more livable."
Jane Bird,
Canada Line
president and CEO

Bird, who has been involved in the project for the past eight years, said the Canada Line differs from the Expo and Millennium SkyTrains because it is built in a well-developed corridor.

It connects places that are already crowded, like Yaletown, Richmond Centre, Oakridge and Broadway.

"It's not a line where we built it and we hope people will come. People are already there."

While the end-to-end run time from Waterfront to Richmond-Brighouse is only 25 minutes, Bird said the interim trips — 12 minutes from downtown to city hall — will likely have the most impact on people.

Heading down into a tunnel? Keep talking

KARL YU
for Metro Vancouver

CANADA LINE Passengers riding the Canada Line will be able to keep on talking on their cellphones even as the train goes underground.

"Telus has invested more than $3 million to provide continuous cellphone service along the tunnels," said Telus spokesperson Shawn Hall.

"There's going to be 100 small cellphone towers running along all of the tunnels and they'll pass service from antenna to antenna as people ride."

The towers will allow for standard cell service from Waterfront Station to 64th Avenue, where the line goes up to ground level.

"It's a pretty cool project actually, unique in Canada," Hall said, adding there are great reasons for having continuous reception.

"One is certainly safety and another would be simple convenience of being able to make a phone call without dropping it while you're (riding) along," he said.

Bridge is walker, biker-friendly

URBAN PLANNING Pedestrians and cyclists can now cross from Vancouver to Richmond safely and easily thanks to the Canada Line pedestrian bridge.

Yesterday, thousands of curious people cycled or walked across the new bridge that is attached to the west side of the Canada Line Bridge.

Bob Hodgins, from North Delta, was among those biking across.

"So far, so good," said Hodgins, who had stopped mid-span to snap some photos of the Fraser River.

"It's wide and it's nice to have access from Richmond to Vancouver. I think it's great."

TransLink funded the $10-million bridge, which opened Friday. It was requested by directors as Canada Line plans were being prepared.

Access ramps connect to the bridge from South Kent Street in Vancouver to River Road at Van Horne Way in Richmond. It is lit and will be open 24 hours a day. In a release, Arno Schortinghuis, president of the Vancouver Area Cycling Coalition, said the bridge is a welcome addition to cycling networks.

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Simon Fraser pipe band wins 6th world title

The Simon Fraser University Pipe Band won its sixth world pipe band title — and its second straight — in Scotland on Saturday. In all, 220 bands and some 8,000 musicians competed in a typically Scottish mix of rain, cloud, sun and blustery wind on a soggy Glasgow Green. METRO VANCOUVER

Cop suspended after incest charge

Vancouver police veteran off the job for 30 days during investigation

A long-serving Vancouver police officer has been suspended with pay after being arrested in Burnaby and charged with incest

"The (department) considers the nature of the offence to be very serious and abhors the actions attributed to this member," the VPD said in a press release.

"(We) will continue to provide the Burnaby RCMP with our complete co-operation."

In accordance with the Police Act, the officer — who cannot be named because of a publication ban — will be suspended with pay for 30 days.

Chief Const. Jim Chu will then make recommendations to the Police Board as to whether the suspension will continue, with or without pay.

The VPD's professional standards section will shadow the criminal investigation being conducted by the Burnaby RCMP, and will conduct a parallel investigation.

The accused is scheduled to appear in Vancouver provincial court in September.

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Skeena swim comes to end

AWARENESS A professional chef became the first person to swim the length of British Columbia's second-longest river this weekend.

Ali Howard, 33, swam the waters of the Skeena River over 28 days to draw attention to development projects like coalbed methane drilling that threaten its ecosystem.

She completed the 610-kilometre journey in Port Edward on Saturday, where hundreds cheered as she approached the dock at the North Pacific Cannery.

"The landscape of the Skeena is powerful beyond words, and I hope everyone who has been inspired by this adventure will find a way to protect their watershed for the future," said Howard.

Howard spent four to eight hours per day on the river and was protected from hazards and the river's cold water by a PFD, drysuit and helmet.

METRO VANCOUVER

Man, 24, in hospital after hotel shooting

CRIME A 24-year-old man is in hospital after being shot in the chest in a Maple Ridge hotel.

Police were called to the Travelodge Motel on Lougheed Highway on Saturday morning after receiving reports of a shooting there.

"The victim is from out of British Columbia, and is not known to police," said RCMP Insp. Derren Lench. "We do feel this was a targeted incident."

Lench said witnesses reported seeing an SUV fleeing the area. A vehicle matching its description was found nearby. It had been set on fire.

METRO VANCOUVER

News in brief

IDENTIFICATION RCMP in Langley are trying to identify a girl who fell out of the second-storey window of a home after partying near Blacklock Elementary School early yesterday morning. Police say she sustained head injuries and hasn't been able to provide coherent information.

COUGARS Park rangers on the North Shore are warning people to keep an eye out for cougars in the Lynn Headwaters and Lynn Canyon Parks, news1130.com reports. Cougars have been sighted behind the Ecology Centre in Lynn Canyon as well as near Dempsey Road and Underwood Avenue.

METRO NEWS SERVICES

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Aboriginal dam protesters end blockade

Aboriginal protesters have ended a demonstration at the $1-billion, 200-megawatt Wuskwatim dam generating station in northern Manitoba, CBC News Online reports. Manitoba chiefs and Nisichawayisihk Cree Nation negotiated an agreement with Manitoba Hydro on hiring workers for the project. METRO NEWS SERVICES

Canada/World

Improving relations drive Northern thaw

In the tangled world of Arctic diplomacy, where nationalist ideas converge and sometimes clash at the top of the world in Cold War fashion, not all is as it seems.

When Defence Minister Peter MacKay rebukes Russia for Arctic bomber flights and Artur Chilingarov, Russia's hardline Arctic envoy, makes clear Moscow's northern ambitions, their chest-thumping is often aimed at a home audience.

"I kind of look at Chilingarov and … MacKay playing a similar role in two different governments, playing to a sense of nationalism in their own country," said Michael Byers, Canadian research chair in international law and politics at the University of British Columbia.

Byers cites two episodes in February to highlight the tangled diplomatic dance that drives Arctic politics, a mix of public chest-thumping and quiet diplomacy.

Two days after the February aerial showdown Canadian and Russian diplomats met quietly in Moscow to discuss a common approach to some of the region's most contentious issues.

Also Canadian and Russian advisors spoke of a "joint Russian-Canada-Denmark" submission to the UN looking at government claims to the continental shelf.

TORSTAR NEWS SERVICE

Great expectations

- Expect Prime Minister Stephen Harper in his Arctic sojourn this week to tout his government's ambitions in the North, with big-ticket promises like a $720-million icebreaker, new patrol ships, and a new army training base and a deep-water port facility, both in Nunavut.

Afghan election nears

Supporters of Afghanistan's main presidential candidates came out in their thousands yesterday in a last burst of campaign excitement with days to go before the ballot.

The few surveys that have been published show incumbent president Hamid Karzai in the lead, but not by enough to avoid a run-off against his surprisingly strong challenger, former foreign minister Abdullah Abdullah.

By law, campaigning ends at midnight tonight, three days before Thursday's vote.

Karzai disappointed thousands in Kandahar who were hoping he would make an appearance at a rally addressed by his half-brother Ahmad Wali Karzai, Kandahar's provincial council chief.

Kandahar is Karzai's hometown as well as the heartland of the Taliban whose fighters have vowed to disrupt the poll with attacks. The UN says those threats may curb voter turnout. REUTERS

JONATHON BURCH / REUTERS

Supporters of Afghan presidential candidate Abdullah Abdullah film his speech with mobile phones at a rally in Kokcha, located in Afghanistan's northern Takhar province yesterday.

No new name talk for NDP

POLITICS In the end, they simply ran out of time.

New Democrats ended their weekend convention in Halifax yesterday without debating a contentious item on the agenda: Whether or not to change the party's name. Some had argued that after 48 years, it was time for the "New" in the party's name to go.

A resolution to hold consultations on a potential name change was expected to be voted on yesterday, the final day of the convention, but the clock ran out.

That did not sit well with some, who say that delegates opposed to even discussing the name change ragged the puck long enough to avoid what could have been a divisive debate.

TORSTAR NEWS SERVICE

MIKE CASSESE/REUTERS

Suaad Hagi Mohamud embraces her son Mohamed Hussein upon her arrival at in Toronto Saturday.

Woman returns from Kenya ill

FALLOUT As Suaad Hagi Mohamud underwent hospital tests yesterday for an illness nagging her since her unwarranted stint in a Kenyan jail, Canada's Public Safety Minister Peter Van Loan concedes the many unanswered questions in her case deserve answers.

Mohamud, who arrived home in Toronto Saturday, had spent three months in Kenya, after Canadian high commission officials in Kenya cancelled her Canadian passport because she didn't look like her photo.

She has been losing weight and suffering respiratory problems, her lawyer said. TORSTAR NEWS SERVICE

Ahmadinejad planning female cabinet ministers

IRAN President Mahmoud Ahmadinejad said yesterday he would propose at least three female ministers in his new cabinet following Iran's disputed election, an unprecedented move in the conservative Islamic state.

The hardline nationalist also said the West must be held to account for stoking unrest in Iran after the June 12 presidential vote, as the third mass trial of demonstrators accused of trying to overthrow clerical rule began.

The election and its aftermath have plunged Iran into its biggest internal crisis since the 1979 Islamic revolution, exposing deepening divisions within its ruling elite and also further straining relations with the West.

Ahmadinejad has until Wednesday to present a cabinet to parliament for approval but may get a rough ride from the conservatives who dominate the assembly, as well as from his moderate foes who see his next government as illegitimate. REUTERS

Seeking support

- Mahmoud Ahmadinejad's surprise announcement may be an attempt to shore up support among women. The president's moderate opponents campaigned on the need to enhance their position in Iran.

News in brief

NORTH KOREA Communist North Korea denounced impending joint military exercises by South Korea and the United States, and said it would "wipe them out" with nuclear weapons if they threatened it, its KCNA news agency said yesterday.

IRAQ A series of huge bombings in northern Iraq have triggered fiery accusations of blame between Arabs and Kurds, escalating a dispute over land and oil that has played into the hands of a resurgent al-Qaida.

GAZA Hamas militiamen were out in strength in the Gaza Strip yesterday, asserting their authority over the Palestinian enclave after a bloody showdown with a rival Islamist splinter group aligned with al-Qaida. Up to 28 people were killed during hours of fighting on Friday and Saturday. REUTERS

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Comment

Cutting down memories

HineSight

Anne Hines

metronews.ca/hinesight

I have committed an eco-crime. Worse than using household cleaners so toxic they can neutralize a nuclear waste dump because, frankly, anyone who thinks all I need is soda water and elbow grease hasn't seen my bathroom.

Worse than standing on my front step in February, pointing a spray can at the ozone layer — by that time of year I start to think of the greenhouse effect as God's little gift to those of us who can't afford a Caribbean cruise.

What I did was this — I am a tree killer.

In my front yard there is … was … an aged cherry tree. Weeks ago the City Works Department declared the tree dangerously frail. Yesterday, workers arrived to cut it down.

"I'm not emotionally prepared," I said.

City workers: No problem. It's going to take at least 10 minutes to get our equipment ready.

Me: I might need longer.

They eye me warily with that "we're used to dealing with insane members of the public" look perfected by civic workers and retail clerks.

Workers: How long?

Me: Enough time to find some neighbours who will stand around sharing favourite tree-related stories, join in a ritual group tree-hug … then maybe have some barbecue. Is that too much to ask?

Workers: Not at all. So long as you can make it happen in the next 10 minutes.

I don't blame these men. I loved the tree.

But, the things that really matter in life fall into two categories: Very reasonable, rational things we care about ourselves, and totally inexplicable irrational things other people care about.

Neighbours now stalk past the house thinking, "Tree killer." I know this because one of them said so.

Neighbour: You cut down your tree.

Me: The city did. It was really old. Over 80. When something's decrepit, you have to get rid of it, right?

Neighbour's mother: I'm 83. Tree killer.

I called my eco-champion friend, Rose.

Me: I'm going to write a book about how I'm not a tree killer. A sweeping saga: Gone With the Chainsaw.

Rose: Using huge wads of paper might not be the best way to prove you care about trees.

In spring, the city will plant a silver oak. I will feed and water it.

I will become known again, I hope, as a tree nurturer.

In the meantime, there's something I'll miss far more than my eco-friendly reputation.

I'll miss my cherry tree.

Anne Hines is an author and humour writer. She has written three novels and one collection of nonfiction humour.

Views

On balance, Canada Line is a winner

InTransit

Derek Moscato

metronews.ca/moscato

It's hard not to be a tad cynical about today's opening of the long-anticipated Canada Line, connecting downtown Vancouver to our airport and the city of Richmond. Even as gawkers and work-a-day commuters clamour to board the attractive, automated trains, there's a lingering undercurrent of negativity at play.

TransLink is still battling it out in the courts with Cambie Street merchants aggrieved by the line's cut-and-cover tunnel construction. Proponents of the yet-to-be-built Evergreen Line say their Tri-Cities train has taken a back seat to what is opening today. And armchair critics have taken issue with everything from the line's stations (too small by SkyTrain standards) to the speed of the trains themselves (not fast enough, again measured against SkyTrain).

But if you can get past the griping, mudslinging and second-guessing, what you realize is that the Canada Line represents a crucial transportation breakthrough for this region. The line will relieve worsening traffic bottlenecks on key north-south arterial roads leading in and out of Vancouver — congestion that has made commutes a hassle for motorists, and awful for bus riders on the jam-packed 98 B-Line service.

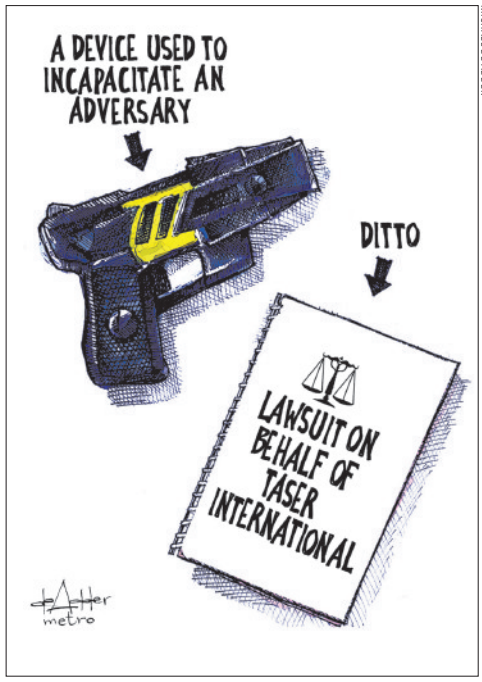
It also creates a viable alternative for thousands of would-be transit users who dread crowded and slow-moving buses, but embrace more comfortable and reliable light metro.

It's not just transit customers and drivers who win, mind you. Cyclists also make out nicely. That's because the Canada Line will allow riders to bring their bikes on board — two per train. Furthermore, bicyclists will benefit from Friday's opening of the separated bike-and-pedestrian bridge over the Fraser River, built beside the train crossing.

The fact that the new metro will also take traffic off of some downtown bridges means that cycling advocates can make a better case for permanently improved bike crossings over False Creek.

But the real impact of the Canada Line moving forward boils down to one word — density. Richmond's No. 3 Road, which has already transformed itself radically over the past decade, is set for even more dramatic commercial and residential growth. And established neighbourhoods along the line, including Yaletown and Cambie Village, should brace for further urbanization. Enjoy the ride, Vancouver.

Derek Moscato is a writer with a focus on urban issues, transportation, architecture and economics; dmoscato@yahoo.com.



MICHAEL DE ADDER

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Going Green

Bixi going overseas

Montreal is exporting its Bixi bike-rental program launched in May overseas to London, England and south of the border to Boston, CBC News Online reports. Montreal will also submit a bid when New York City issues a call for tenders for a bike-rental system. METRO NEWS SERVICES

EDITOR: FERMIN DESOUZA, FERMIN.DESOUZA@METRONEWS.CA

Nature's own hybrids

EarthTones

Sophia Dore & Andrew Laursen

metronews.ca/earthtones

Mythology is rife with the fantastic monster, hybrids between fierce creatures that embody the most frightening features of each parent. Think about the sphinx, the centaur, the mermaid, and the pantheon of Egyptian gods. Our fascination with these hybrids did not end with the ancients — just google "hybrids" and you will see the results of some bizarre breeding programs. As interesting are the names "tigon and liger," "pizzly bear," "zonkey."

This weekend's Toronto Star ran a story about a less startling, but ecologically more important hybrid, the coywolf. Coyotes, wolves, and domesticated dogs can all interbreed freely, but generally do not given differences in social behaviour and opportunity.

However, recent eastward expansion of the coyote's range, and fewer "would-be" mates for the wolves due to shrinking populations may have tipped the balance, increasing the likelihood of wolves and coyotes interbreeding.

The resulting offspring, coywolves, have some traits of wolves (large size and pack hunting) and some of coyotes (smaller home range, flexibility in habitat requirements, less wary of humans). This combination is creating a conflict in the rural-suburban areas to the east and north of Toronto, as these new hybrids are bold enough to hunt in packs during the daylight.

In most cases, when two different species interbreed, there is no offspring. When there is an offspring, it usually is at a disadvantage to both parental species. However, every now and then, the result is a hybrid that combines the advantage of both parental species, and may even displace both parental species, essentially becoming a new species in its own right. This may be what we are seeing with the coywolves, evolution in action.

Far more common, and flying under the radar, are hybridizations that occur between plant species or invertebrate animals. Often these hybridizations are with invasive species new to a habitat.

Often when we write articles about environmental challenges, the subtext is that we as a species are directly to blame. This one is a bit different. Humans do not dictate the behaviours and proclivities of plants and animals. However, we do introduce would-be mates by moving exotic species around the planet (accidentally or intentionally), by altering habitat, and by reducing populations.

We do not make the lonely wolf odd enough to mate with a coyote, but we may leave the odd wolf lonely.

Sophia Dore is an environmental scientist with Conestoga-Rovers & Associates. Andrew Laursen is an assistant professor at Ryerson University; earthtones.metro@gmail.com.

REUTERS FILE PHOTO

Humans are often behind odd couplings, such as these "liger" cubs, but "hybrids" can also occur naturally, our columnists say.

It's about time province got wet and wild

Eco-Minded

Kai Chan with Carrie West

metronews.ca/ecominded

Gwaii Haanas, a.k.a. the big park at the bottom of the Queen Charlottes, is a soaking wet, big tree, crashing waves kind of place. It's wet and it is wild. It's a pounding ecosystem with shocking beauty and mega biodiversity.

The ocean feeds this land. Without a healthy ocean, full of fish, the land suffers. Nutrients don't wash up on shore and the eagles and bears don't have fatty fish to eat.

This mystical land of Gwaii Haanas is a perfect example of the land-sea relationship — completely co-dependent. So the Canadian and B.C. governments need to protect the sea as well as the land. But there in lies the problem: we don't protect seascapes very often. In fact, less than one per cent of Canada's ocean is protected. Shocking, when more than 10 per cent of Canada's land has protection.

Canada needs to get wet, if we want to live up to our international reputation for wilderness. And British Columbians need to fight for marine protection so B.C. can earn its Super, Natural label. We are a coastal province and if we degrade water ecosystems, we also degrade our land. B.C. needs marine protected areas — think of them like sea parks, where humans must be very careful.

At least half the water around Gwaii Haanas should have the strictest protection from damaging use. Any less would have little chance of representing and maintaining ecosystems in the broader region. Canada needs to pound out big-time marine protection for this place.

Kai Chan is an assistant professor and Canada Research Chair at the Institute for Resources, Environment, and Sustainability (IRES) at UBC.

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TSX closed slightly higher Friday

Canada's main stock index ended slightly higher Friday as an end-of-session rally in financial shares outweighed weakness in commodity stocks, which were under pressure after a U.S. consumer confidence report raised doubts about economic recovery. REUTERS

Business

Auto program hits donations

The popular "cash-for-clunkers" program is boosting U.S. auto sales and manufacturing, but is also slashing donations to charities that rely on gifts of cars to fund social programs, charity officials say. Volunteers of America and other charities said such donations have quickly fallen up to 12 per cent — and fear a 25 per cent drop eventually, or over $100 million — as owners rush to trade gas guzzlers for new fuel-efficient models while federal rebates of up to $4,500 last. REUTERS

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

Business in brief

MEDIA Comcast Corp. has been hoarding cash to better manage its balance sheet but investors worry that it could be building a war chest for a splashy acquisition similar to its failed 2004 bid for Walt Disney Co. Investors' value shares of Comcast at close to historical lows, as the top U.S. cable service provider's conservative balance sheet strategy has rekindled speculation it wants to be a major player in the media content market. REUTERS

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U.S. energy investment threatens Canadian business

The Obama administration's titanic $60-billion spending plan for the U.S. clean energy sector is luring investors away from "green" businesses in Canada, threatening the industry's growth here.

Already battered by recession and tight credit markets, Canada's renewable energy and clean technology companies must now compete for investment with their U.S. peers, who have an unprecedented cache of federal cash grants and tax incentives.

A startup may think twice before setting up shop in Canada, curbing the country's ability to create jobs and generate tax revenue, and losing technological innovation.

"The U.S. has sent a very strong signal that renewable energy is going to play a central role in both energy-environment and economic recovery strategies. We don't have the same signals here federally," said Robert Hornung, president of the Canadian Wind Energy Association. REUTERS

Ala. bank biggest to fail yet this year

CLOSURE Colonial Bank of Montgomery, Ala., was shuttered Friday and its assets sold to southeast regional bank BB&T Corp., marking the largest bank failure this year.

The bank closure — the 74th this year — brings an end to the Alabama lender, which has seen its problems mount amid the financial crisis.

The failure of Colonial Bank, which had total assets of $25 billion, is expected to cost the Federal Deposit Insurance Corp.'s insurance fund $2.8 billion.

BB&T will buy about $22 billion of Colonial's assets, according to the FDIC. The FDIC and BB&T have agreed to share losses on about $15 billion of those assets. The bank had deposits of about $20 billion as of June 30. REUTERS

Moose back in the Big Apple
The New York Rangers named Mark Messier special assistant to team president and general manager Glen Sather, the team announced yesterday. Messier played 10 seasons with New York and led the Rangers to a Stanley Cup win in 1994. METRO NEWS SERVICES

Sports

Bolt sets world record

Jamaica's Usain Bolt, left, obliterated his own 100 metres world record to win the world championship final in a breathtaking 9.58 seconds yesterday. The world's fastest man took a staggering 0.11 seconds off the 9.69 mark he set winning gold at the Beijing Olympics a year ago to the day, taking the event into a time zone undreamed of before his arrival on the scene.
METRO NEWS SERVICES

EDITOR: CHRIS.CLEMENTS@METRONEWS.CA

TDs help Lions sink Argos

CFL

B.C. 36 **Toronto** 28

AT

THE SKINNY B.C. used three different quarterbacks en route to their second straight win. Buck Pierce, Jarious Jackson and Travis Lulay all saw action as the Lions came from behind to win and move into second place in the West.
THE DIFFERENCE Touchdowns. Although the Lions won by just eight points, they scored five touchdowns to Toronto's one. The Argos scored the majority of their points via field goals.
PIERCING LOSS For the second time this season QB Buck Pierce left the game in the first quarter after taking a devastating hit. He will be re-evaluated early this week.
LOCKING IN Toronto kicker Justin Medlock tied an Argonaut record, kicking seven field goals in one game.
THE NEXT GAME The Lions are back at home to host Winnipeg on Aug. 21 at 7:30 p.m.
DANIEL HENDRIKSEN /FOR METRO VANCOUVER

Sports in brief

BLUE JAYS Greg Zaun's pinch-hit grand slam in the eighth inning shattered a tie game and gave the Tampa Bay Rays a 5-2 victory over Toronto and a series win in the finale of a three-game set. Jays rookie left-hander Marc Rzepczynski pitched well in a six-inning start. METRO NEWS SERVICES

Tiger tamed at PGA

Yang becomes first Asian-born male to win a major

South Korea's Y.E. Yang became Asia's first male major winner after overhauling Tiger Woods in stunning fashion to clinch the U.S. PGA Championship by three shots yesterday.

Trailing world No. 1 and overwhelming favourite Woods by two strokes overnight, Yang, ranked 110th in the world, kept his composure in difficult, swirling winds at Hazeltine National in Minnesota to fire a two-under-par 70.

He snatched the lead for the first time when he spectacularly chipped in from just off the green to eagle the driveable par-four 14th on the way to an eight-under total of 280.

Although Yang collected his second bogey of the day by three-putting at the 17th, he finished in birdie style, striking a superb approach over a tree to 10 feet at the par-four last and coolly sinking the putt.

He punched his right fist in celebration before raising both hands above his head to acknowledge the roars from the huge gallery packed around the 18th green.

"I have tried to master the art of controlling my emotions throughout my career and I think it turned out quite well today," a beaming Yang, 37, said in a greenside interview, speaking through an interpreter.

"I think it's going to be a bit of a crazy party for them, especially for all my friends," he added, referring to his supporters watching final-round coverage on television in South Korea. REUTERS

Y.E. Yang celebrates after sinking the winning putt yesterday at the PGA Championship.

Canadian golfers

- Stephen Ames of Calgary finished at 3 over.
- Mike Weir of Bright's Grove, Ont., missed the cut on Friday.

Sports in brief

TENNIS Andy Murray overcame sweltering heat to beat Juan Martin del Potro 6-7, 7-6, 6-1 in the Rogers Cup final yesterday in Montreal. Murray delivered a gritty performance to wear down the Argentine in two hours, 42 minutes. REUTERS

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Fastball to the head puts Wright on DL

Mets slugger David Wright was released from hospital and put on the disabled list yesterday, one day after he was hit square on the helmet by a 94-m.p.h. fastball from San Francisco's Matt Cain. Wright still had a headache and was experiencing "post-concussion symptoms," a team spokesman said. METRO NEWS SERVICES

MLS eyeing USL?

It'sCalledFootball

Ben Rycroft

metronews.ca/itscalledfootball

In what amounts to a Major League Soccer fan's wet dream, the lower-level United Soccer Leagues has been put up for sale and two league sources have confirmed that MLS has inquired into purchasing it.

It's long been debated, hypothesized and drooled over by those who follow the North American game: What would happen if MLS bought USL and created a promotion-relegation system similar to the one that exists in Europe?

It's a question that will have to wait, as I've been told a group of investors have the inside track on buying the USL — and that the deal will "be coming to a conclusion very soon."

When contacted Friday, the USL front office offered little information.

"We are a private business and as such it is not our intention to speak publicly to the media at this time," said Tim Holt, executive vice president and COO of the USL.

Holt would not comment on the financial state of the league, but did confirm that the league is still actively seeking expansion markets and that Ottawa is on a list of 15 potential cities.

"In the short term we are okay with being a second tier in North America. But the league needs to start asking the question: What are we aspiring to be? A very strong, stable second division? Or are we interested in chasing first division?"

Chris Economides, senior director of USL-1, answered one of those questions last week when he told a Cleveland newspaper that only three to six of the league's 11 teams are profitable. Economides also let it slip on Radio-Canada that Nike, the majority owner of USL, had put the team up for sale back in July.

Over the weekend, Vancouver Whitecaps president Bob Lenarduzzi confirmed to me that several groups had expressed interest in the USL, but was cautious not to say much more, as the deal was reaching a critical point in negotiations.

"The USL owners have been in the loop the whole way since Nike put the league up for sale. There are a couple groups that are interested," he said.

Two USL sources, speaking on the condition of anonymity, confirmed MLS's interest, but both said that it was looking less likely now, as MLS was not interested in the type of numbers Nike had asked for.

"In the short term we are okay with being a second tier in North America. But the league needs to start asking the question: What are we aspiring to be?"
Tim Holt,
USL executive

Their feeling was unless something dramatic happens, the third group, comprised of private investors, will be announced in the week ahead as the new owners of the USL.

It's a move that will keep MLS — with its stranglehold on the North American market — honest, but one that effectively kills any dreams of promotion-relegation in the near future.

Watch Ben Rycroft on the It's Called Football show every Monday at metronews.ca; ben.rycroft@metronews.ca

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India plans 14 new innovation universities
Starting in 2010, India's Human Resource Development Ministry plans to establish 14 new "innovation universities" with "disciplinary focuses" to advance research and development in health, environment, power plants and other areas. METRO NEWS SERVICES

Workology

Financial aid boom in Ont.

After a dismal economic year for young people and scarce summer job opportunities, the Ontario Student Assistance Program has seen an increase in students turning to financial aid to finance their education. A spokesperson for the Ontario Ministry of Training, Colleges and Universities said OSAP applications are up for both universities and colleges. METRO NEWS SERVICES

EDITOR: DOUGLAS.DUNLOP@METRONEWS.CA

The deeper the better

OddJobs

Diane Peters

Metronews.ca/oddjobs

Mandy-Rae Cruickshank grew up wanting to be a marine biologist who worked with great white sharks.

Although Cruickshank, now 35, grew up in landlocked Edmonton, she spent most of her time in the water and became a lifeguard and a competitive synchronized swimmer as a teen.

Then she met a marine biologist and he talked her out of a career that took years of expensive education.

"So I thought I'd be a scuba instructor. That sounds like a good way to stay in the water," says Cruickshank

At 20, she moved to Vancouver and started teaching scuba. She ended up teaching instructors and managing a dive shop.

Then she met her future husband, Kirk Krack, in 2000, and he introduced her to free diving. Eighteen months later she broke her first world record in the sport.

Free diving basically involves going down into the water as far as you can while holding your breath. No tanks, just fins and a mask.

There are nine different competitive disciplines in the sport — they measure either time underwater or distance travelled in either a pool or in the ocean — and Cruickshank holds world records in seven of them.

Krack was already running Performance Freediving when they met. In 2006, the company started getting busy enough for Cruickshank to quit her job and help full-time.

The couple runs four-day courses in free diving to groups all around the world. Sometimes it's just recreational divers, but they've also trained photographers and celebrities such as Tiger Woods and so-called endurance artist David Blaine.

Teaching days are long and physically exhausting. By the end of a course, participants can hold their breath for as long as five minutes underwater, dive as deep as 132 feet and practise good water safety. You can black out while doing these dives and without a buddy in the water you can die.

For the record, she can hold her breath for 6 minutes and 25 seconds.

Even when she's travelling, Cruickshank is constantly on her laptop and BlackBerry, taking care of the business side of the company. "When you're running your own company, you sometimes don't get days off," she says.

Recently, Performance Freediving opened an office in Vancouver, so staff are now helping out with some of the administrative work.

The couple spends every May in the Cayman Islands, training and competing in free diving. That's where Cruickshank has broken her world records.

They also get hired by documentary film crews to help with ocean shoots.

"The best decision I ever made was giving up a desk job to do something I love."

Mandy-Rae Cruickshank is a world-record free-diver and also runs training courses in the discipline.

The Lowdown

Job title: Free diver

Salary: $40,000 a year

Education/training: Most divers are trained in scuba; Performance Freediving has developed its own certification

Best Part of the Job: "Meeting people and seeing them experience it for the first time. Seeing them realize they can do the unthinkable."

Worst Part of the Job: "The constant air travel."

Diane Peters once hawked magic pens at the Canadian National Exhibition. She's now a writer and part-time journalism instructor.

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University of Calgary awarded $23M for engineering labs
The University of Calgary has announced $23 million in federal and provincial funding for upgrades to research labs and classrooms at its Schulich School of Engineering. METRO NEWS SERVICES

Have a keen eye for 'derail'

One resumé mistake can blow your chances at a job, so mind the 'details'

Job seekers take note: One false stroke at the keyboard could send your resumé into the "circular file." Three out of four (76 per cent) executives interviewed said just one or two typos in a resumé would remove applicants from consideration for a job; 40 per cent said it takes only one typo to rule candidates out.

The survey was developed by Accountemps, the world's first and largest staffing services firm specializing in accounting and finance. It was conducted by an independent research firm and is based on interviews with senior executives from 1,000 companies.

Executives were asked, "How many typos in a resumé does it take for you to decide not to consider a job candidate for a position with your company?"

Their responses:
- One 40 per cent
- Two 36 per cent
- Three 14 per cent
- Four-plus 7 per cent
- Don't know/no answer 3 per cent.

"Employers view the resumé as a reflection of the applicant," said Max Messmer, chairman of Accountemps. "If you make errors on your application materials, the assumption is you'll make mistakes on the job."

Unfortunately, typos and other slip-ups are easy to make, and spell-check won't always catch them.

To illustrate the point, following are some real-life errors made in resumés, applications and cover letters.

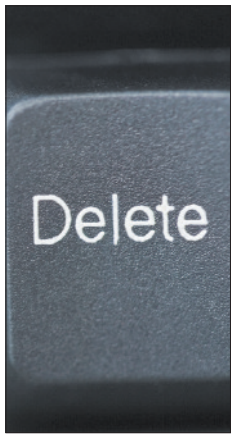
- "Hope to hear from you, shorty."
- "Have a keen eye for derail."
- "Dear Sir or Madman."
- "I'm attacking my resumé for you to review."
- "I am a rabid typist."
- "My work ethics are impeachable."
- "Nervous of steel."
- "Following is a grief overview of my skills."
- "GPA: 34.0"
- "Graphic designer seeking no-profit career."

Error-free tips

Accountemps offers the following tips for creating error-free resumes:

- **Get help:** Enlist detail-oriented family members, friends or mentors to proofread your resumé and provide honest feedback.
- **Take a timeout:** Before submitting your resumé, take a break and come back to it with a fresh set of eyes. You might catch something you missed the first time.
- **Print a copy:** It's easy to overlook typos or formatting mistakes when reading a resumé on a monitor, so print it out for review. Read through it slowly and pay close attention to font styles and sizes, in addition to spelling and grammar.
- **Try a new perspective:** Sometimes readers inadvertently skip over parts they have read previously. Review your resumé backward to help avoid this problem.
- **Read it aloud:** Your ears might catch errors your eyes have overlooked.

METRO NEWS SERVICES



Try to avoid mistakes appearing on your resumé at all costs before submitting it to potential employers.

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Getting the right face for the right role

ROBYN YOUNG
for Metro Canada

CASTING DIRECTOR Canada had the final vote, but Stephanie Gorin was largely responsible for casting the well-loved Elicia MacKenzie as Maria in Toronto's The Sound of Music.

A casting director for the past two decades, Gorin narrowed down a pool of 2,000 girls to 186 before the debut of CBC's reality television show, How do you Solve a Problem Like Maria?

"It's very exciting when you have something like help from the media to find fresh new faces," she said.

Normally, when casting a show, Gorin doesn't have that kind of back-up, it's all up to her. Open calls like that for Maria are sometimes the best way to find new talent, she said, and it's very rewarding to be able to give someone with little experience the opportunity to be involved in a major production.

It's also rewarding just to watch the show and the talent she's cast succeed, and Gorin has a long history of casting for successful productions, including We Will Rock You, Lord of the Rings, Mama Mia!, The Lion King, Dirty Dancing, Bombay Dreams and many more.

She has also cast for television series The Border, Being Erica, Death Comes to Town, Degrassi, Angel on Campus and the Ron James Show. Gorin is also nominated for an Emmy Award for her work as casting director in the miniseries The Tudors.

For anyone interested in following her career path she said it's imperative to have theatre experience and learn how to assess an actor.

Backstage Pass

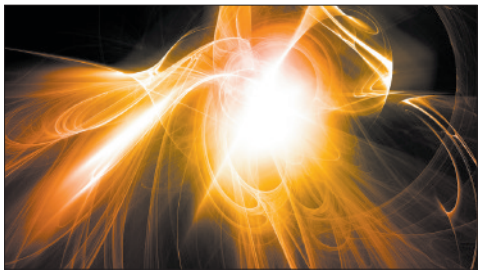
University of Victoria on road to record enrolment
With a total of 16,647 undergraduate students registered and more than 2,000 graduate students waiting to register, the University of Victoria appears to be well on its way to breaking student enrolment records this fall. METRO NEWS SERVICES

Invisible meddlers of the visual world

Backstage Pass

MAT LECOMPTE
for Metro Canada

Sometimes the best job has been done when it appears no job has been done at all.



Rather than noticeable visual effects, a flame artist's work is at its best when not noticed at all.

The job of a flame artist in post-production work is to do just that. They make sure when viewers sit in front of their TV's and view different shows, movies, music videos and commercials that whatever they see looks as natural and real as possible.

Anthony Tsav-daris, a Jr. flame artist, says it's his job to take footage shot or created with various elements like green screens and 3-D effects, and make it look like no manipulation has occurred. In one word, the job is called compositing.

"It's sort of a thankless job," he says. "Our job is to make it look like we did nothing at all."

He does special effects for short-form post-production projects like music videos and commercials. Tsav-daris prefers short-form to long-form (like feature films) because of his short attention span. He's responsible for coming up with creative concepts, brainstorming with directors and production companies about how to manipulate footage, or discuss various concept requirements.

These requirements can be anything from whitening teeth, giving hair some extra shine or doing something called "pack replacement." Pack replacement is when a company has updated packaging for its product and needs to work it into a commercial.

What makes it even cooler is that he gets to work on a computer system that costs a half-million dollars, called an Autodesk Flame.

"It's like nothing you've ever seen," he says.

Because every job is different — either because of location or lighting or creative concepts — there is plenty of thought that goes in to each project. Tsav-daris and his colleagues try to give the production company as much guidance as they need, but it's rarely followed. That's where the fun really begins. The greater the challenge in front of him, the more impressive his work is.

"The personal touch is taking it to the next level of being perfect," he says. "But not just perfect to the average person's eyes, but perfect to people who do the same type of work. Compositing is very much about doing work for your peers."

Because post-production work can be so unnoticeable to the average viewer, recognition mainly comes from those within the industry itself.

For more of the Backstage Pass exclusive series check Workology frequently or stop by: metronews.ca/work

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English for Careers – Health Sciences Thursday, Aug. 20, 6:30 p.m. – room 235	Downtown
Interpreting Certificate – Court Thursday, Aug. 20, 6 p.m. – room 240	Downtown
Culinary Arts Friday, Aug. 21 and 28, 9:30 a.m. – room 305B	Downtown
Auto Collision, Refinishing, Auto Technician, Heavy Duty Tuesday, Aug. 25, 11 a.m. – lobby, north building	Broadway

Downtown campus – 200-block Dunsmuir at Hamilton (two blocks west of Stadium SkyTrain station)
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Vancouver, B.C. V6B 6J9
Tel: 604-683-8360
Email: admin@columbiacollege.ca www.columbiacollege.ca

Bob Dylan not recognized by police

Music legend Bob Dylan was stopped last month by a police officer who did not recognize him. Officers were alerted after a man was spotted "acting suspiciously" while taking a stroll in New Jersey. Police demanded to see his ID. **EONLINE.COM**

Entertainment

Jackson tribute

Oscar winner A.R. Rahman is reportedly developing an album in memory of entertainment icon Michael Jackson, which will include musicians from all over the world.

METRO WORLD NEWS

EDITOR: DEAN.LISK@METRONEWS.CA

Ledger smelled a rat

Late actor directed gory whaling video for Modest Mouse

CAM LINDSAY
for Metro Canada

No One's First, And You're Next, the latest EP from rock act Modest Mouse, includes the song King Rat, which is receiving attention because its video was directed by late actor Heath Ledger.

You'd be forgiven for assuming that the reason behind a late summer Modest Mouse tour is the band's new record. But when asked if the North American tour was planned around the release date of the EP, No One's First, And You're Next, frontman Isaac Brock laughs and says, "No, but good timing, huh?"

Featuring three recent 7-inch singles and a pair of B-sides, the indie rock alumni's latest release is not a load of filler, but a compilation for the non-collectors. "The idea of the EP was that not everybody owns a record player and was going to buy the singles that were released," Brock explains. "This is just a way to put these out so people who don't buy 7-inch records can get them all together. It's music, you don't have to be a format specific person to enjoy it."

"We kept discussing the idea and refining it, but (Heath Ledger) chose the animator. It was his baby. I just kept an eye on it."
Isaac Brock

So far, the song receiving most attention is King Rat. An unlikely single, the song has become the EP's focal point mostly because of its video — which was directed by the late actor Heath Ledger. A stunningly gory animated short film that turns the tables on the whaling industry, Brock says he only played a small role in its creation. "We kept discussing the idea and refining it, but (Heath) chose the animator. It was his baby. I just kept an eye on it."

The EP will be the only new material the band will be performing on tour. As far as a sixth album goes, Brock says, "No, there isn't anything. There are a whole bunch of stems for songs. I'm gonna do this tour then come home, sit down and we're gonna really work on that."

Just months ago Modest Mouse wrapped up a two-year trek supporting 2007's We Were Dead Before the Ship Even Sank. Brock says the point of this new tour is simply to keep the well-oiled machine moving. "We like doing tours, but if we don't do it for too long we get kinda rusty."

The band made Canadians proud by kicking off their month-long tour in Halifax followed by Montreal, Kingston and two Toronto shows. "To be honest, I'm not sitting down with a map and circling s–, it's not anything like that," Brock says in a wry tone. "It's like, 'Let's do this chunk of land and start in Halifax.' We start in Nova Scotia because I've never been and always wanted to go. And the rest just seemed like nice towns on the way."

ADVERTISING FEATURE

Tess sings right 'Tuna'

Tess Tuna may be unlucky in love, but the bubbly blonde singer was on a hot streak during a recent visit to PlayNow.com. According to Pacific Hold'em dealer P.J. the dizzy vocalist was on song when it came to her favourite card game. "Ms. Tuna's card playing prowess was surprisingly sophisticated," raved P.J. "I'd love to take her to lunch to discuss her card strategy." Hmmm,chicken-of-the-sea sandwiches anyone?

Disclaimer: All names are the products of the author's imagination. Any resemblance to actual persons, living or dead, is entirely coincidental.

Weekend box office

Weekend ticket sales at U.S. and Canadian theatres:

1. **District 9:** $37 million US
2. **G.I. Joe: The Rise of Cobra:** $22.5 million
3. **The Time Traveler's Wife:** $19.2 million
4. **Julie & Julia:** $12.4 million
5. **G-Force:** $6.9 million
6. **The Goods: Live Hard, Sell Hard:** $5.4 million
7. **Harry Potter:** $5.2 million
8. **The Ugly Truth:** $4.5 million
9. **Ponyo:** $3.5 million
10. **(500) Days of Summer:** $3 million

REUTERS

Pacific Hold'em Poker is the Texas Hold'em themed lottery game that you can now play online!

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Clarkson, James in youth TV special
Singer Kelly Clarkson and basketball superstar LeBron James are teaming up for a TV special to encourage America's youth to "Get Schooled." REUTERS

Bollywood star detainment outrages fans

MUMBAI Indian Bollywood star Shah Rukh Khan said he felt angry and humiliated after he was detained and questioned at a U.S. airport, sparking an uproar in India among his fans.

Khan, 43, one of India's best known actors, was enroute to Chicago for a parade to mark the Indian Independence Day on Saturday when he was pulled aside at Newark airport on Friday, he said.

"I was really hassled perhaps because of my name being Khan. These guys just wouldn't let me through," he said in a text message to reporters in India.

After a couple of hours' interrogation, he was allowed to make a call, he said, and he got in touch with the Indian consulate who vouched for him and secured his release.

"Absolutely uncalled for, I think. I felt angry and humiliated," said Khan, who had just finished a month-long shoot in the United States for his upcoming film My Name is Khan, which is about a Muslim man's experience with racial profiling.

A U.S. consul official in India told a television channel they were inquiring into the matter.

As news of Khan's detention broke on Indian television channels, which have played up attacks in Australia on Indian students, fans and actors began posting angry comments on the Internet.

REUTERS

In brief

BOOKS The fall publishing season, along with the inevitable hullabaloo around the next Dan Brown novel, will witness the unexpected resurrection of two of literature's most iconic characters: Winnie-the-Pooh and Dracula. A.A. Milne's adorably simple-minded bear, who has not graced the pages of a new story since 1928, and Bram Stoker's bloodsucking count, who made his lone novelistic appearance in 1897, will be soon back between covers.

TORSTAR NEWS SERVICE

Kenya's Style

Kenya Hunt
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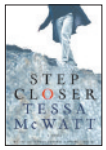
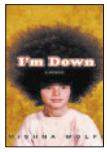
Step delves into disasters



Step **Closer**

Author: Tessa McWatt
Publisher: Harper Collins
Price: $32.99 (Hardcover)

THE INDIAN Ocean tsunami of 2004 acts as a fitting backdrop to Tessa McWatt's latest offering, Step Closer. As the disaster plays out, Emily, a Canadian living with her partner Sam in Spain, begins to dissect a tumultuous event that unfolded five years ago, between friends Gavin and Marcus. Emily soon realizes the incident was far more pent-up than she thought. In their youth, Gavin and Marcus were involved in an exploit ending in jail time for one and freedom for the other. While Emily keeps tabs on her friends' relationship, she easily forgets her own with Sam, whose ensuing unhappiness only creates another division.

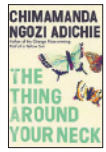


I'm **Down**

Author: Mishna Wolff
Publisher: St. Martin's Press
Price: $30.50 (Hardcover)

BOOK PICKS

JOHN "WOLFY" Wolff only wanted his daughter Mishna to be one thing: "down." What, exactly, that constituted was a point of confusion for the little girl, growing up white in a largely black south Seattle neighbourhood. Although her father was also white, he denied it, showing off his perceived race with stereotypical gold chains and by attending black Baptist churches. In I'm Down, Mishna Wolff humorously recalls her divided upbringing, detailing being the only white girl at a black school and later the girl who was "too black" to fit into the rich white school.



The Things Around **Your Neck**

Author: Chimamanda Ngozi Adichie
Publisher: Knopf Canada
Price: $29.95 (Hardcover)

THE THIRD release by Nigerian author Chimamanda Ngozi Adichie, winner of the Orange Prize for Fiction, takes shape in a selection of short stories on relations between genders, ages and nations. The title story finds the expectations of a Nigerian girl when she moves to the United States are just wishful thinking. In Cell One, a student inmate in a Nigerian prison stands up for an aged man harassed by officers. A Philadelphia mother must re-examine her life in Imitation, when she discovers the Lagos dwelling she shares with her husband is now home to his mistress.

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primetime 8/17/09	251	308	3 CBC	Coronation St.	Jeopardy!	Little Mosque	Sophie	Just for Laughs (CC)		CBC News: The National (N)		(:05) The Hour
	255	358	6 JOY	E! News (N)	The Insider	How I Met	How I Met	The Soup	Mysteries	Final 24 (CC)		News
	254	-	8 M	Two/Half Men	Two/Half Men	Omni News: Mandarin Edition		News: Cantonese Edition		Omni News: Punjabi Edition		Metropia
	250	321	9 CTV	etalk (CC)	Hollywood	Criminal Minds (CC)		Law & Order: Criminal Intent		CSI: Miami "Chip/Tuck"		News
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	252	336	11 GTV	Entertainment	ET Canada	House "Locked In" (CC)		Lie to Me "The Best Policy"		Brothers & Sisters (CC)		News
	256	389	12 VI	The Road to Avonlea		Gossip Girl (CC)		Two/Half Men	Big Bang Th	Stargate Atlantis "The Tower"		A News (N)
	253	359	13 CITY	Law & Order: SVU		Be a Millionaire		Dating in the Dark (N) (CC)		(:01) Murdoch Mysteries		The CityNews
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	287	379	16 NBC	Evening Mag.	Inside Edition	Great American Road Trip (N)		Law & Order: Criminal Intent		Dateline NBC (CC)		KING 5 News
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	288	380	21 ABC	Wheel-Fortune	Jeopardy!	Be a Millionaire		Dating in the Dark (N) (CC)		(:01) Castle "Ghosts" (CC)		KOMO 4 News
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	291	383	27 PBS	Steves Europe	Antiques	Antiques Roadshow (CC)		History Detectives (N) (CC)		Voyages of Discovery		Barbary Coast
	290	382	23 FOX	Two/Half Men	Two/Half Men	House "Locked In" (CC)		Lie to Me "The Best Policy"		Q13 FOX News at Ten (N)		Family Guy
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	296	654	30 SBK	Frasier (CC)	Frasier (CC)	Punk'd (CC)	South Park	Cheers (CC)	Half & Half	Paid Program	Family Court	Paid Program
	298	653	35 TLA	Two/Half Men	Two/Half Men	One Tree Hill (CC)		Gossip Girl (CC)		KTLA Prime News (CC)		Friends (CC)
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news	502	390	28 NW	Allergy Planet Allergies. (CC)		CBC News: The National (N)		CBC News: The National		Allergy Planet Allergies. (CC)		National
	500	500	38 CNN	Anderson Cooper 360 (CC)				Larry King Live		Anderson Cooper 360 (CC)		Cooper 360
sports	407	419	22 RSP	MLB Baseball New York Yankees at Oakland Athletics. (Subject to Blackout) (Live)						Sportsnet Connected (Live)		Sportsnet
	400	400	20 TSN	SportsCentre (Live) (CC)			Off the Record	ATP Tennis: W&S Financial Group Masters				SportsCentre
	411	457	39 OLN	Ghost Hunters (CC)		Bounty Hunter	Bounty Hunter	Survivorman (CC)		Ghost Hunters (CC)		Bounty Hunter
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	557	541	51 FAM	Wizards-Place	Han. Montana	Zack & Cody	Latest Buzz	Wizards-Place	Life Derek	Ned's School	Cory in House	Zack & Cody
	553	546	48 TRE	Comfy Couch	Big & Small	Max & Ruby	Babar (CC)	Backyard	Ni Hao	Go, Diego, Go!	Franklin	Comfy Couch
cable variety	268	354	5 KNO	Undersea	Landscape	Hot Rocks "Belief"		Literature of Margaret Atwood		And They Danced (CC)		Ravens
	575	583	60 CMT	Hope & Faith	Hope & Faith	CMT's Greatest "1997"		Home Imp.	Home Imp.	Reba (CC)	Reba (CC)	Hope & Faith
	570	580	42 MM	So You Think You Can Dance Canada (CC)				Video on Trial	Video on Trial	One Tree Hill (CC)		Spotlight
	600	564	43 H&G	House	House	Holmes on Homes (CC)		Marriage	Income Prop.	My First Place	For Rent	House
	615	520	61 A&E	Hoarders (Series Premiere) (N)		Paranormal	Paranormal	Intervention A gifted boxer.		Intervention (CC)		Hoarders
	628	584	62 SPKE	UFC Unleashed		UFC Unleashed		CSI: Crime Scene Invstgtn.		UFC Unleashed		Disorderly
	521	560	64 TLC	Cake Boss (N)	Cake Boss	Cake Boss	Cake Boss	Jon & Kate	Jon & Kate	Cake Boss	Cake Boss	Cake Boss
	616	522	65 SHO	The Outer Limits (CC)		Cashing In	Kink in Hair	XIII (2009) (Part 1 of 2) Val Kilmer, Stephen Dorff. (CC)				House (CC)
	620	523	70 BVO	And They Danced (CC)		Law & Order (CC)		Without a Trace "Lost Time"		Me Myself I ★★ (1999) Rachel Griffiths. (CC)		
	601	562	41 SLC	In Laws	In Laws	ET Canada	Til Debt-Part	Real Housewives OC		Trading Spouses		Biggest Loser
	520	505	72 DIS	Heli-Loggers (CC)		Daily Planet (CC)		MythBusters "Blind Driving"		Heli-Loggers (CC)		Dirty Jobs
	522	506	74 HIS	NCIS "Ex-File" (CC)		Tank Overhaul "The BMP"		Victory 1945 "Last Days"		NCIS "Ex-File" (CC)		Turning Points
	627	528	75 SPC	(6:00) Path of Destruction (CC)		Stargate SG-1 "Stronghold"		Star Trek: Next Gener.		Star Trek: Voyager (CC)		Star Trek: Ent.
	294	650	67 TBS	Earl	Name Is Earl	Bill Engvall	Seinfeld	Seinfeld	Sex and-City	Sex and-City	Clueless ★★★ (1995) (CC)	
	619	525	68 TROP	Once a Thief "True Blue"		Carlawood	Prod. Parker	Ground Up		Prod. Parker	Prod. Parker	Prod. Parker
	603	561	69 FN	At the Table	At the Table	Restaurant Makeover (CC)		Unwrapped	Unwrapped	Food	Glutton	Food
	626	547	57 COM	Air Farce	22 Minutes	22 Minutes	Comedy Now	The Simpsons	South Park	Russell Peters: Red, White		Daily Show
	320	621	80 CEN	Tracey Ullman	Tracey Ullman	Durham County (N) (CC)		Nurse Jackie	Californication	Dexter "Easy as Pie" (CC)		Durham
	581	566	101 MTV	16 and Pregnant "Whitney"		MTV Live	After	The Real World (CC)		16 and Pregnant "Whitney"		MTV Live
	261	394	102 V	Unbreakable Minds (CC)		Poltergeist: The Legacy		A Man for All Seasons ★★★ (1988, Historical Drama) Charlton Heston. (CC)				
	-	-	105 MUL	Banquet	Kingdom-Wind	Can't Live Without Her		Marimar		Pinoy	Pinoy Records	Patrol World

critics'corner

Little Mosque on the Prairie
There can't be that many qualified imams wandering around a town the size of Mercy, can there? Nevertheless, when Amaar (Zaib Shaikh) decides to come back from Toronto and resume his service at the mosque, he finds out he can't just pick up where he left off; he needs to reapply for the position. Carlo Rota, Sheila McCarthy and Sitara Hewitt also star in "A Funny Thing Happened on the Way to Mercy." 8 PM on CBC

Sophie
Sounds like kismet. In this episode, after Rick and Melissa (Sebastian Spence, Amy Lalonde) break up, he starts to rethink other aspects of his life. For starters, he's not sure he wants to be a talent agent anymore. That will leave a lot of clients in search of representation. Paging Sophie (Natalie Brown), who had to rebuild her own agency when she and Rick split. What are you waiting for, girl? 8:30 PM on CBC

Kendra to carry on family name

Kendra Wilkinson and Hank Baskett have picked a name for their son, who is due Christmas Day: Hank Baskett IV. Wilkinson explained: "Hank's dad and his grandfather were both named Hank, so it was very important to us to carry on the family tradition." PEOPLE.COM

Celebrity Buzz

Multiple drugs complicate MJ case?

COMPLICATIONS For authorities investigating Michael Jackson's death, more could end up meaning less, people.com reports.

If the entertainer's autopsy report reveals other potent drugs besides the powerful anesthesia Propofol, as has been widely reported, prosecutors will have a more difficult time building a manslaughter case against Jackson's private physician, experts say.

In short: More drugs, potentially less criminal responsibility for Dr. Conrad Murray.

"You have to show that the doctor knew about all of these other doctors prescribing these other drugs," said one Los Angeles deputy district attorney who prosecutes doctors. "It's a classic problem."

Murray, who reportedly admitted to police that he administered the anesthetic, has not been charged. Search warrants served to Murray indicate he's the target of a manslaughter investigation.

Although many anesthesiologists say it's negligent and unusual for a doctor to administer Propofol in a home without proper monitoring, legal experts say that fact alone might not be enough to prosecute Murray for more than an administrative-code infraction if it can't be proven that the Propofol alone was what killed him.

According to the Los Angeles Times, Jackson's toxicology report revealed a few drugs, such as the anti-depressant Xanax, in addition to Propofol. Legal experts say this helps explain why, seven weeks after Jackson's death, no charges have been filed and authorities are keeping mum.

METRO NEWS SERVICES

Miley's bro vs. Jonas Bros?

OVERPROTECTIVE Don't look for Miley Cyrus's big brother Trace to join a boy band anytime soon, people.com reports.

"I'm not trying to clean my image to make anyone happy," the pierced and tattooed singer/guitarist for the rock group Metro Station told Details. "I could have gone the route of the Jonas Brothers. Those guys can't live their lives freely. They have to put out this image that's totally fake."

Cyrus, 20, says he could take them all in a fight, though he'd back off on his sister's ex-boyfriend Nick.

"I don't think any of them would be much trouble," said Cyrus. "I'd never lay a hand on Nick — I love that kid — but the other two better not get in my way."

METRO NEWS SERVICES

Mary J. joins Idol judging panel

NEW ADDITION Mary J. Blige will meet up with American Idol in Atlanta for show auditions, people.com reports. On Friday, the show wrapped up auditions in Boston, where Victoria Beckham has been filling Paula Abdul's spot.

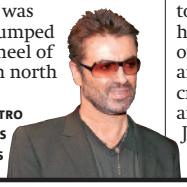
GETTY IMAGES

METRO NEWS SERVICES

George arrested after car accident

UH-OH Police arrested singer George Michael on suspicion of driving under the influence, but he was released without charges after a car accident near London Friday, people.com reports.

Michael was banned from driving for two years in 2007 after pleading guilty to driving under the influence. At the time, he was found slumped at the wheel of his car in north London.



METRO NEWS SERVICES

Jon and Kate in babysitter dispute

OVERREACTING? Jon Gosselin is speaking out about an incident that had his estranged wife Kate calling the cops and crying on Thursday, calling it a "miscommunication," people.com reports.

On Thursday, police were called to the family's Wernersville, Pa., home after Kate showed up with concerns over the babysitter caring for her children. But she was denied access to the property because of her custody agreement.

"She tried to 'cry it up' with the cops and it didn't work," Jon said. "They said, 'You have to leave.'" According to the reality star, police called the incident a "civil matter." Kate then left on her own accord. Jon says he called a babysitter, Stephanie Santoro, to watch the children because he had to "get things done."

Kate, apparently, wasn't thrilled with the babysitter he hired. "I have no idea (why she was unhappy). I guess (because) she didn't have approval. I didn't come home when she had custody and make a big stink. We're good judges of taking care of our kids and when we need babysitters, we need babysitters."

Kate Gosselin had no comment on the matter. METRO NEWS SERVICES

Jen a real workout-aholic

DEDICATION Jennifer Aniston works out at 3 a.m. every day, female-first.co.uk reports.

The 40-year-old actress, who is currently filming The Bounty in New York, wants to stay in shape despite her hectic schedule — so she gets up in the middle of the night to exercise.

"There are a lot of early starts on set, so she has had to get up at 3 a.m. to get two hours in the gym before filming at 5 a.m. She is supposed to be playing a 35-year-old, and is concerned she won't look the part now she is 40.

"It isn't just for this part, either. Every time she is offered the role of a mother, she turns it down — she wants the young characters."

Aniston even flew her personal yoga instructor Mandy Ingber from Los Angeles to New York so she can have private sessions.

METRO NEWS SERVICES

Rustic wedding bells for Alyssa

HAPPILY EVER AFTER With nature and family as themes, actress Alyssa Milano wed Hollywood agent David Bugliari at his family's estate in New Jersey on Saturday, her rep confirms to people.com.

Milano, wearing a custom Vera Wang gown and holding a bouquet of lilies of the valley, walked down an aisle strewn with cream-coloured rose petals and grass to the tune of John Lennon's Imagine.

The couple exchanged vows under a wrought-iron gazebo decorated with willow, calla lilies and roses. Among the guests was actor Bradley Cooper, a friend of the groom's.

Following the ceremony, wooden signs directed guests to the cocktail area, decorated with rattan furniture and hay bales serving as cocktail tables.

Dinner was served family style on rustic farmhouse tables in a tent with wood flooring and wrought iron chandeliers.

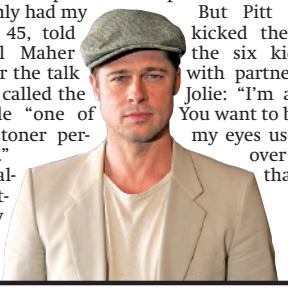
"My Italian family still eats Sunday dinner together every week," said Milano. "We wanted to capture the same feeling."

METRO NEWS SERVICES

Brad: 'I was a marijuana artist'

STONER Brad Pitt played a pot smoker in 1993's True Romance and admits life imitated art for him, usmagazine.com reports.

"I certainly had my day," Pitt, 45, told HBO's Bill Maher Friday after the talk show host called the actor's role "one of the best stoner performances."



Maher also recounted a New Year's Eve party at which he says he witnessed Pitt rolling "the most perfect" joints he had ever seen. Pitt's response? "I'm an artist."

But Pitt admits he kicked the habit for the six kids he has with partner Angelina Jolie: "I'm a dad now. You want to be alert and my eyes used to glaze over when I did that."

METRO NEWS SERVICES

diamonds are a girl's best friend

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Tuesday Sunny 21° / 18°
Wednesday Mainly sunny 24° / 18°

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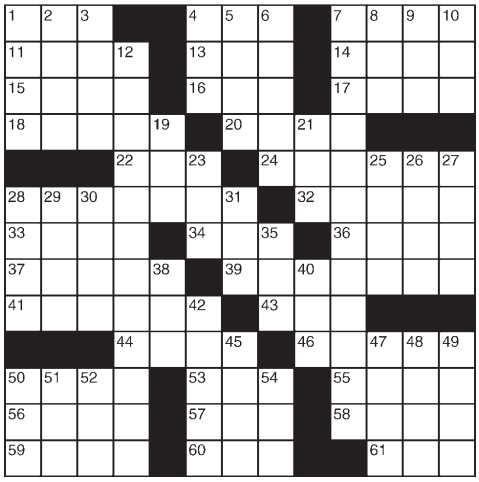
Take Five



ACROSS

1 Trophy room, maybe
4 Recede
7 Bloke
11 Oil cartel
13 The Red or the Black
14 Inauguration recitation
15 "Arrivederci"
16 Faux —
17 Secondhand
18 Wash the pots
20 Potter's oven
22 Pinch
24 Its capital is Riga
28 Twisted treat
32 Existence
33 Ireland
34 Talk on and on
36 Get up
37 Blazing
39 Round pegs in square holes
41 "Am I my brother's —?"
43 Sock part
44 Related (to)
46 Shrivel
50 Unite
53 Gripe repeatedly
55 Frat party garb
56 Reed instrument
57 Hot tub
58 Break suddenly
59 Traps
60 Conger, for one
61 Mag. staffers

DOWN

1 Medics
2 Grand tale
3 In the vicinity
4 Kreskin's claim
5 Duck's prominence
6 Pesto ingredient
7 Makes money?
8 Owns
9 Noshed
10 Third degree?
12 Bedspreads
19 Occupation, for short
21 Science room
23 Mrs. Al Bundy
25 Henry —
26 "Meet Me — Louis"
27 Quite some time
28 Pinnacle
29 Widespread
30 Ontario neighbour
31 Flee from a crime scene
35 Morsel
38 "A mouse!"
40 Boar's mate
42 Clean the suds off
45 Back of the neck
47 Region
48 "Zounds!"
49 Siestas
50 Trot
51 Japanese sash
52 Charged particle
54 8 pts.

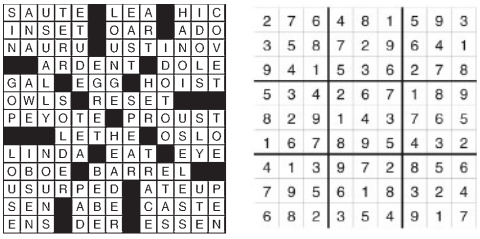
Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone — one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

7			8		4			1
	2		5		6		9	
		6				3		
		2	3		1	9		
6								5
		8	6		5	7		
		5				1		
	8		9		3		2	
4			1		7			3

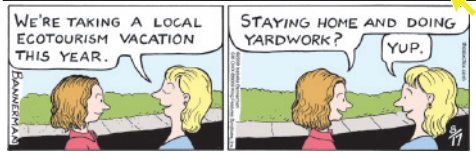
PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



2	7	6	4	8	1	5	9	3
3	5	8	7	2	9	6	4	1
9	4	1	5	3	6	2	7	8
5	3	4	2	6	7	1	8	9
8	2	9	1	4	3	7	6	5
1	6	7	8	9	5	4	3	2
4	1	3	9	7	2	8	5	6
7	9	5	6	1	8	3	2	4
6	8	2	3	5	4	9	1	7

On the web

For more games and 60 additional daily cartoon strips, visit metronews.ca



Metro Recipe of the Day

Three-Cheese Potato Soufflé

INGREDIENTS:

4 cups (1 l) mashed potatoes (without added milk and butter)
1 cup (250 ml) skim milk
1 cup (250 ml) shredded cheddar cheese
2/3 cup (150 ml) shredded Swiss cheese
1/3 cup (75 ml) shredded Parmesan cheese
1/3 cup (75 ml) chopped scallions
1 small onion, chopped
1 1/4 tsp (6 ml) salt
1/4 tsp (1 ml) pepper
4 eggs, separated

METHOD:

1. In a large bowl, combine the potatoes, milk, cheeses, onions, salt and pepper. Beat egg yolks; stir into potato mixture.
2. In a small mixing bowl, beat egg whites until stiff peaks form; gently fold into potato mixture.
3. Transfer to a 2-qt. (2-l) soufflé dish coated with nonstick cooking spray. Bake, uncovered, at 375 F (190 C) for 40-45 minutes or until golden. Serve immediately.

SERVES 12

rd.ca

For nutritional information on this and other great recipes, go to **rd.ca** or check out **Key Ingredients in this month's Reader's Digest, on newsstands now!**

Horoscopes by Sally Brompton sallybrompton.com

For Sally's expanded daily and weekend horoscopes, visit metronews.ca

ARIES ♈
MARCH 21-APRIL 20
You're no stranger to hard work and as of today you'll begin to enjoy the fruit of your labour. You'll also find it easier to work with difficult people.

TAURUS ♉
APRIL 21-MAY 21
You'll experience one of those "Eureka!" moments today. Out of nowhere you'll see the pattern that you have somehow missed these past few weeks.

GEMINI ♊
MAY 22-JUNE 21
You may have found it hard to confide in people recently but the cosmic picture is changing and you can explain to others what's worrying you and why.

CANCER ♋
JUNE 22-JULY 22
Even if you can usually turn on the charm you may have found it hard recently to communicate feelings — but no more. Say what's on your mind today.

LEO ♌
JULY 23-AUG 23
You owe someone a favour and if you go out of your way to make good on it today you'll discharge your debt and they may even end up owing you.

VIRGO ♍
AUG 24-SEPT 22
You can now see things as they are. If you have been deceiving yourself as to the true nature of your situation the scales will fall from your eyes today.

LIBRA ♎
SEPT 23-OCT 23
You may have been in the dark of late but as of today you will understand what has been going on and why you were kept out of the loop.

SCORPIO ♏
OCT 24-NOV 22
It may have been hard to explain why you believe certain apparently illogical things, but as of today you'll find ways to rationalize your beliefs.

SAGITTARIUS ♐
NOV 23-DEC 21
You have held back from letting certain people know what you think of them. Now you can tell them in no uncertain terms what your feelings are.

CAPRICORN ♑
DEC 22-JAN 20
You rarely leave anything to chance and the cosmic setup means you'll know with absolute certainty that what you are doing is right and ethical.

AQUARIUS ♒
JAN 21-FEB 18
If you are having second thoughts about a deal, you can still back out of it — now. After today you'll be expected to uphold your end of the pact.

PISCES ♓
FEB 19-MARCH 20
Don't worry if it's been hard to get through to loved ones recently. Today's cosmic setup will help you find the words to unlock the emotional impasse.

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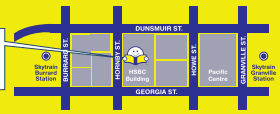

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